

Fylde

Data Report: April 22 - March 2023

* Information taken only from data that would pass validation. Participant information omitted where cells contain incorrect data or are blank.



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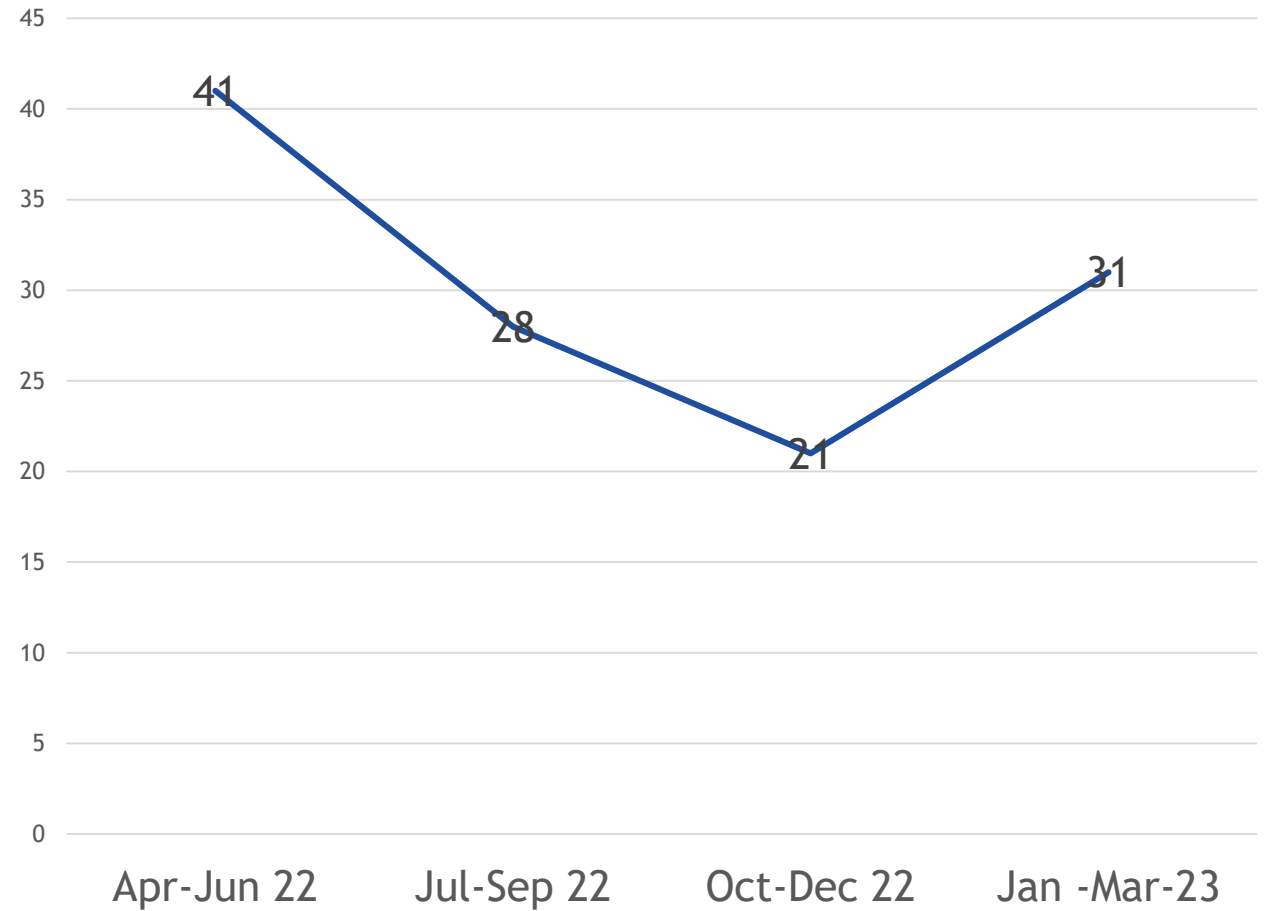
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Between April 22 & March 2023,
121 participants were recorded at
PreWeek 0 for Fylde.



Referrals per Quarter





Referral Source 22-23



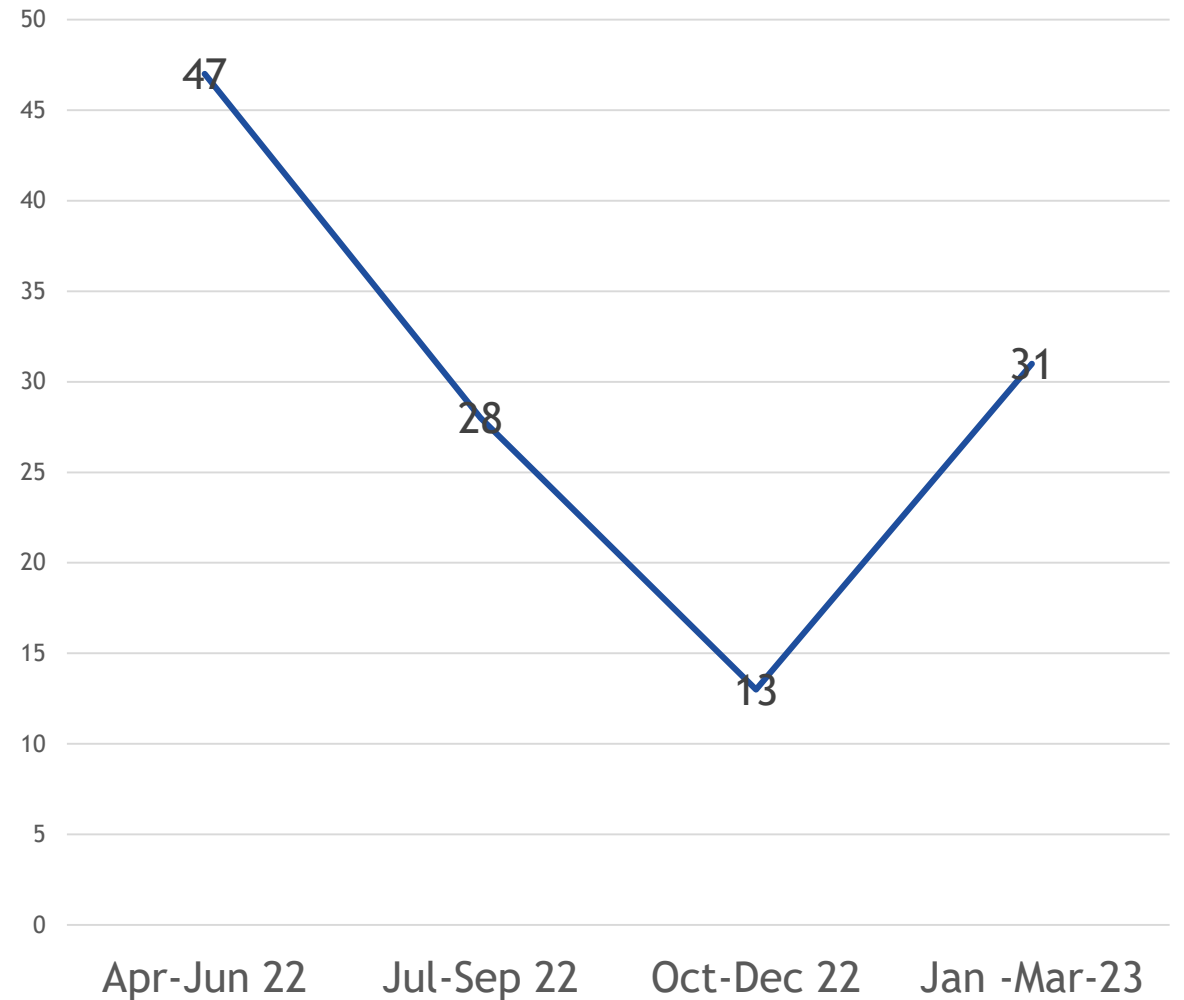
Referral Source	22-23 Total	21-22 Total	Lancashire 22-23 Total
GP	1%	3%	16%
Other Health Care Professional	7%	25%	39%
Non-health Professional	1%	1%	6%
Self-Referral	92%	71%	36%
Not known/not recorded	0%	0%	2%



Between April 22 & March 2023,
119 participants were recorded at
Week 0 for Fylde.

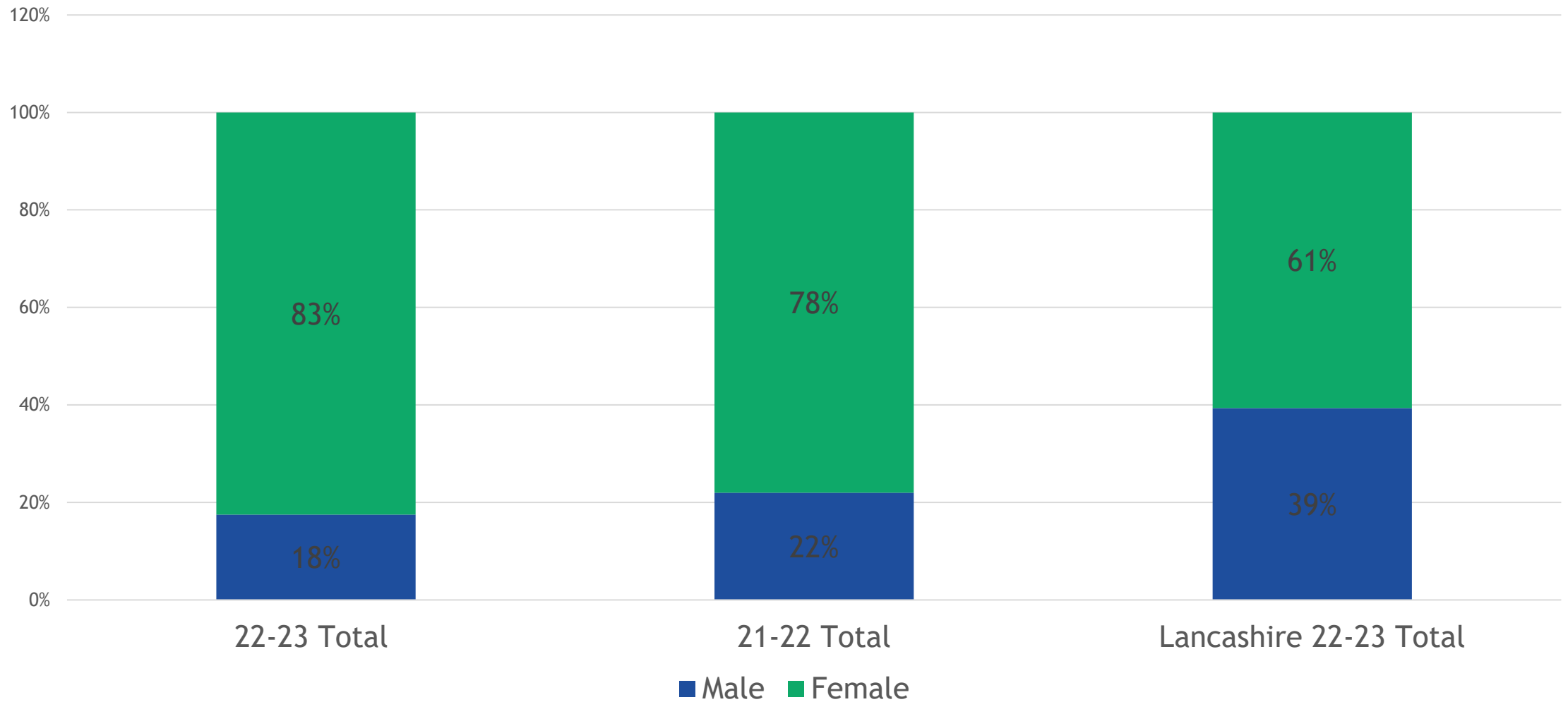


Week 0 participation by Quarter





Participant Gender Splits

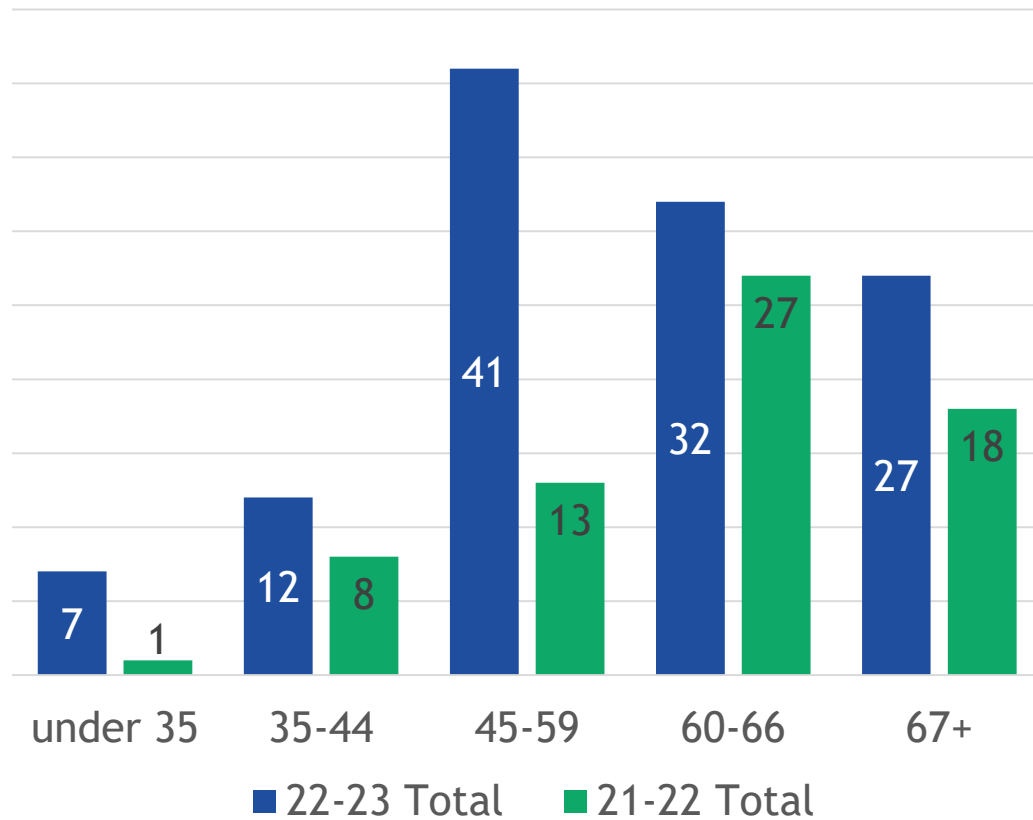


*All participants in this area identified as either male or female

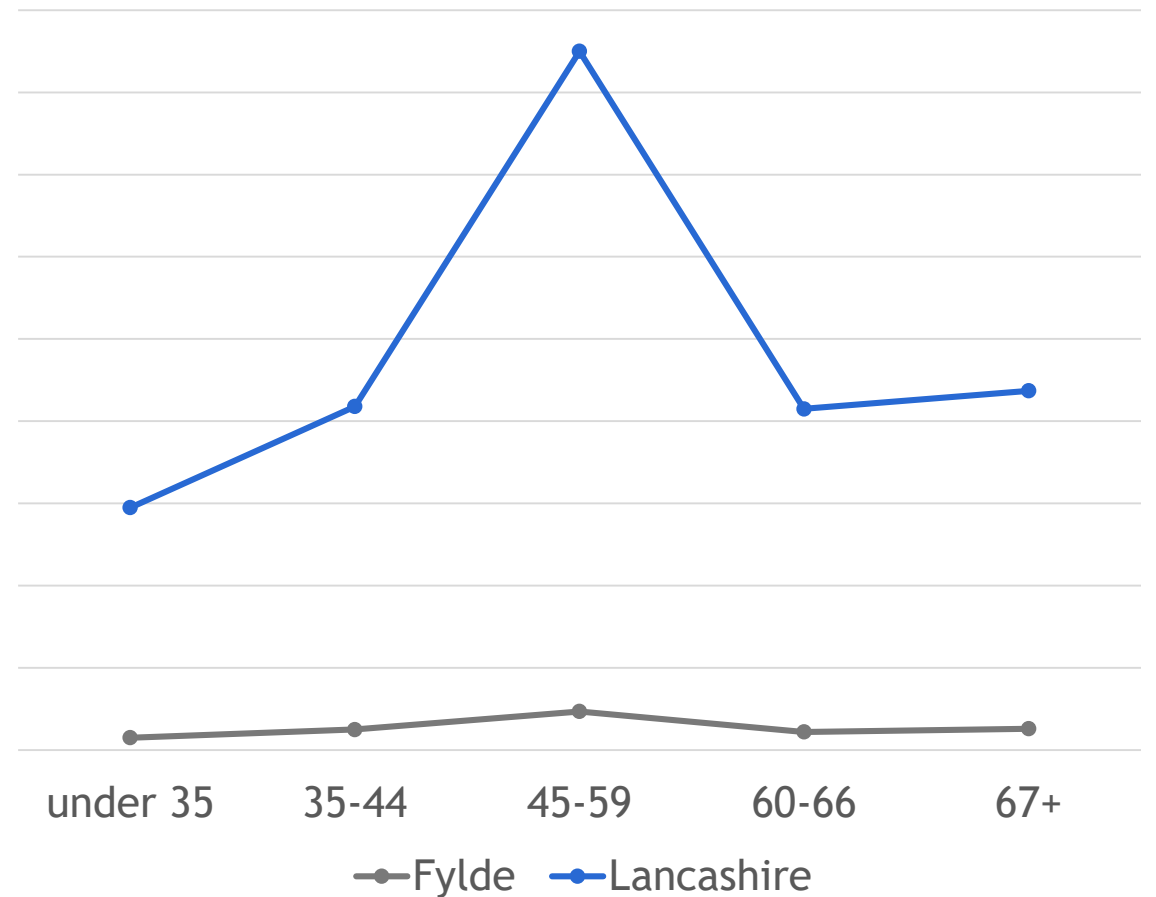
Participant Age Profiles



Age Profile Annual Comparison



Lancs vs Fylde Age Profile



Age ranges have been changed to bring them in line with the ranges used nationally. 60+ category split to show those at retirement age (67+)

Ethnicity Split



Ethnicity Breakdown of Participants

Ethnicity	22-23 Total	21-22 Total	Lancashire 22-23 Total
White: British	94.7%	100.0%	88.3%
White: Irish	0.0%	0.0%	0.3%
White: Any other White background	1.9%	0.0%	1.7%
All white groups	95.5%	100.0%	90.3%
Mixed: White and Black Caribbean	0.0%	0.0%	0.1%
Mixed: White and Black African	0.0%	0.0%	0.1%
Mixed: White and Asian	0.0%	0.0%	0.4%
Mixed: Any other mixed background	0.0%	0.0%	0.3%
All Mixed/multiple ethnic groups	0.0%	0.0%	0.9%
Asian or Asian British: Indian	0.7%	0.0%	1.2%
Asian or Asian British: Pakistani	0.0%	0.0%	2.9%
Asian or Asian British: Bangladeshi	0.0%	0.0%	0.1%
Asian or Asian British: Any other Asian Background	0.0%	0.0%	0.1%
All Asian/Asian British	0.7%	0.0%	4.2%
Black or Black British: Caribbean	0.0%	0.0%	0.1%
Black or Black British: African	0.0%	0.0%	0.2%
Black or Black British: Any other Black background	0.0%	0.0%	0.0%
All Black or Black British	0.0%	0.0%	0.3%
Other ethnic groups: Any other ethnic group	0.0%	0.0%	0.0%
Other ethnic groups	0.0%	0.0%	0.0%
Not stated	3.8%	0.0%	2.0%
Not known/not recorded	0.0%	0.0%	2.4%

Ethnicity Population of Fylde

Ethnicity	Percentage
All white groups	96.3%
Mixed/multiple ethnic groups	1.4%
Asian/Asian British	1.4%
Black/Black British	0.4%
Other ethnic groups	0.5%

Data taken from Lancashire Insight, population by ethnicity, according to 2021 Census of Population report:

<https://www.lancashire.gov.uk/lancashire-insight/population-and-households/population-and-households-census-2021-articles/population-by-ethnicity-and-change-2011-21/>

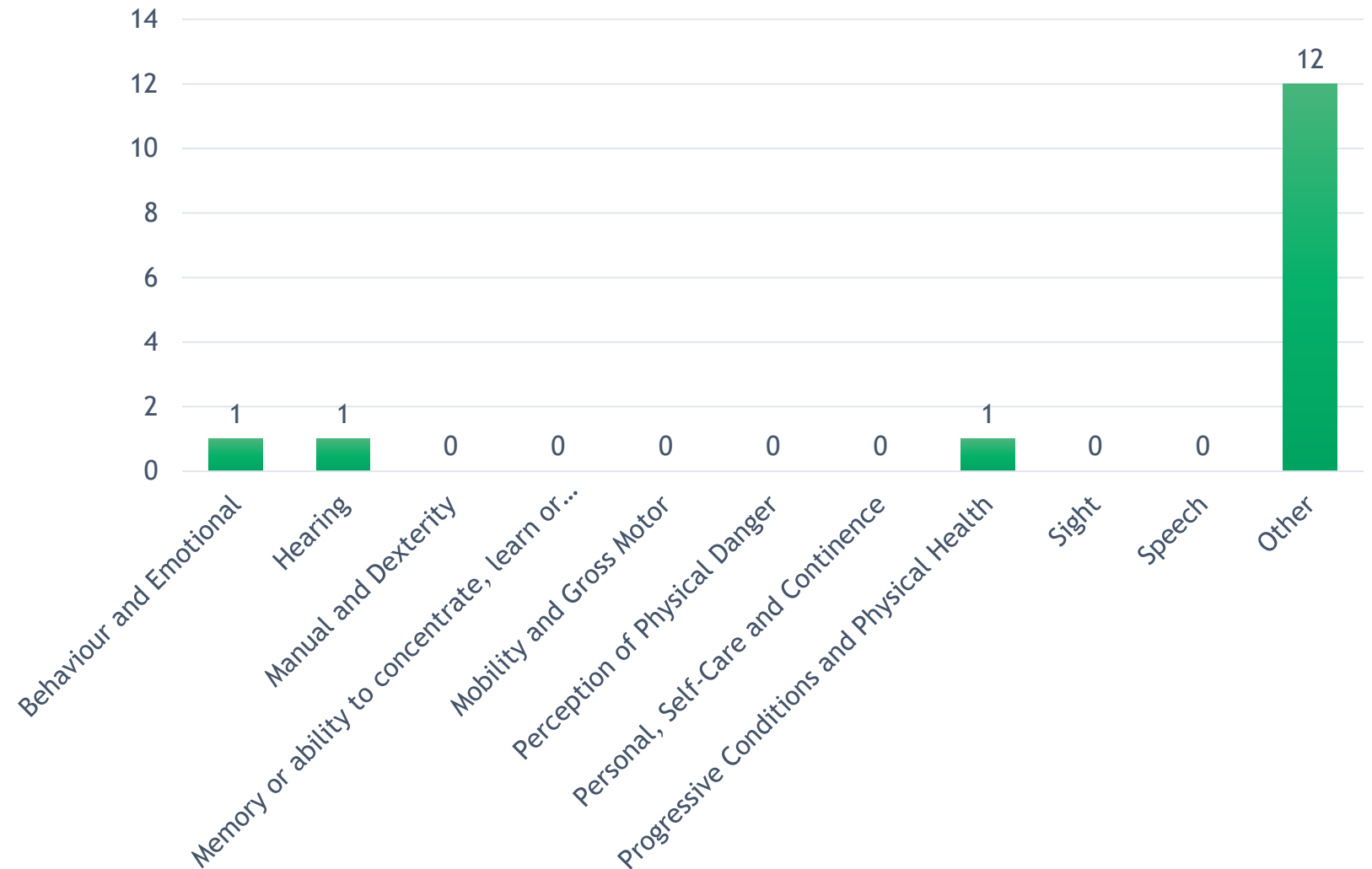
Disability



Participant-stated Disabilities

*Numbers in the graph show the number of disabilities recorded (15), which includes those who have more than one disability.

- 3% (3 participants) of the week 0 cohort stated they had at least 1 disability
- Of these participants, 0% stated they had more than 1 disability



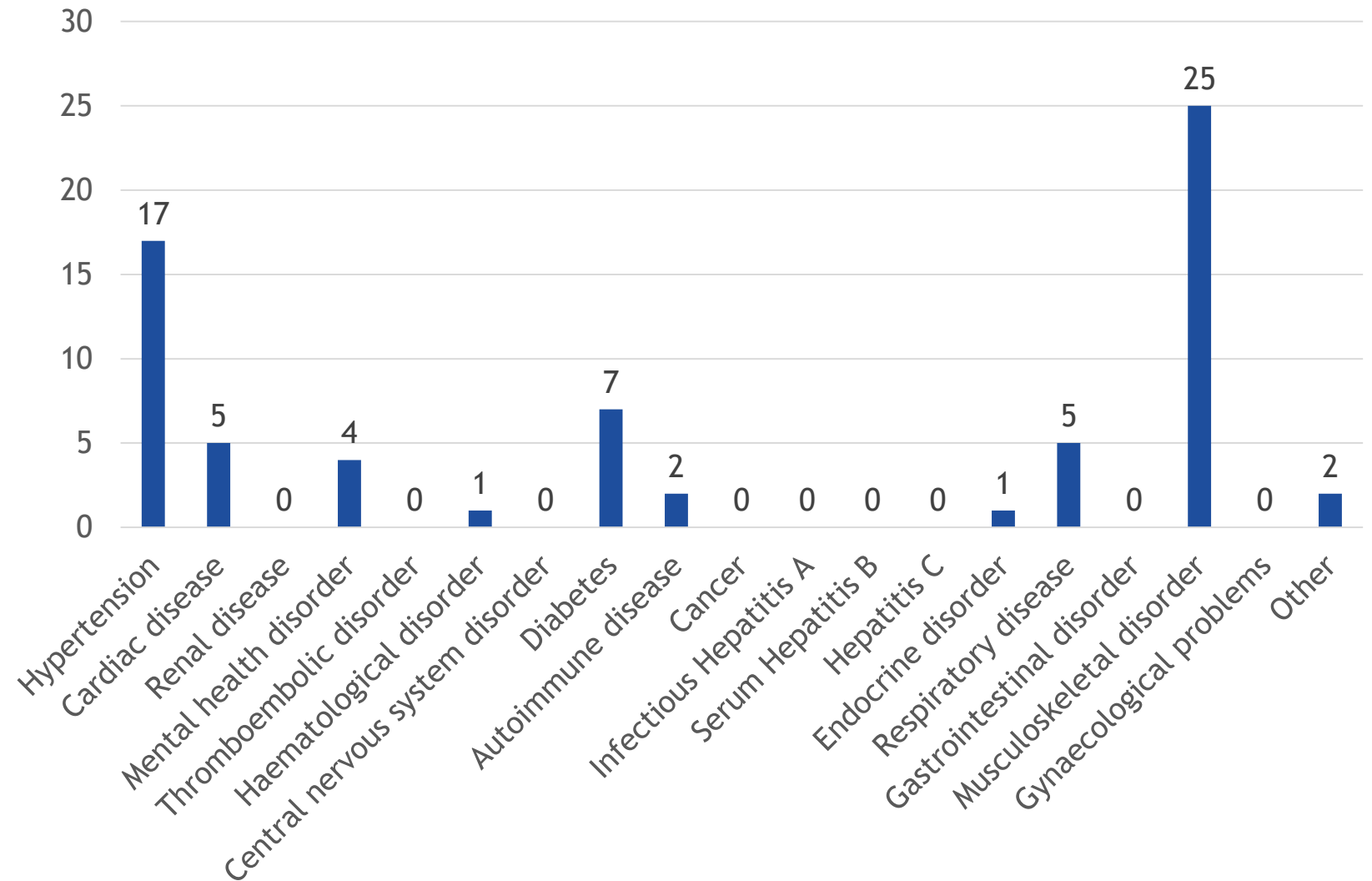
Co-Morbidities



*Numbers in the graph show the number of co-morbidities recorded (69), which includes those who have more than one co-morbidity.

- 45% (53 participants) of the week 0 cohort stated they had at least one co-morbidity
- Of these 53 participants, 26% stated they had more than one co-morbidity

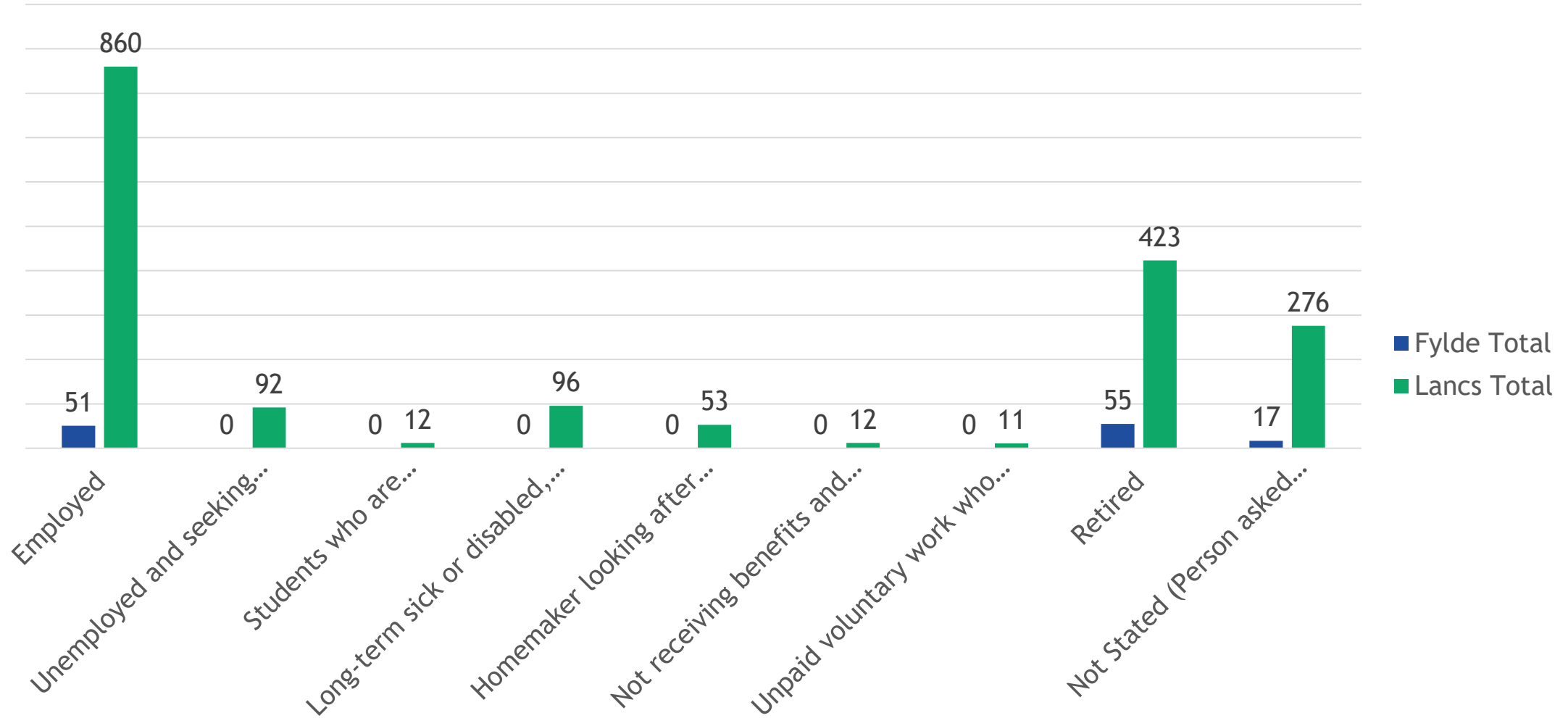
Participant-stated Co-morbidities



Employment Status



Participant employment status



Lower Layer Super Output Areas



Ward	District	Percentage
Ansdell	Fylde	5.0
Ashton	Fylde	11.0
Central	Fylde	6.4
Clifton	Fylde	2.8
Elswick and Little Eccleston	Fylde	0.5
Fairhaven	Fylde	4.1
Freckleton East	Fylde	1.3
Freckleton West	Fylde	7.5
Heyhouses	Fylde	7.0
Kirkham North	Fylde	5.4
Kirkham South	Fylde	1.3
Medlar-with-Wesham	Fylde	5.5
Ribby-with-Wrea	Fylde	1.3
St Johns	Fylde	8.5
St Leonards	Fylde	5.9
Staining and Weeton	Fylde	1.3
Warton and Westby	Fylde	9.8
Park	Fylde	3.4
Kilnhouse	Fylde	3.6
Central	Hyndburn	8.3

Quintile	Total 22-23	Total 21-22	Lancashire total 22-23	Most deprived
1	14.7%	4.5%	34.5%	
2	16.0%	9.0%	16.3%	
3	33.5%	43.3%	12.1%	
4	25.9%	26.9%	15.5%	
5	9.8%	3.0%	14.5%	
Unknown	0.0%	13.4%	6.9%	Least deprived

Out of district

8.3% of participants came from districts other than Fylde.

Week 12 Overview



Between April 22 & March 2023, 80 participants were recorded at week 12.

Number of Weeks Completed													
Week	0	1	2	3	4	5	6	7	8	9	10	11	12
Number	0	5	2	0	1	0	5	11	35	21	0	0	0
Percentage	0%	6%	3%	0%	1%	0%	6%	14%	44%	26%	0%	0%	0%

Weight Loss							
	Number of participants	Average Weight Loss (kg)	Lancashire Average Weight Loss (kg)	Total Weight Loss (kg)	Lancashire Total Weight Loss (kg)	No. of participants losing over 5% of original weight	No. of participants losing 0% or gaining weight
All Participants	80	2.0	2.7	176.7	4578.0	9	18
Participants completing 7 or more weeks of programme	67	2.1	3.3	85.6	2850.8	5	7