



DECISION ITEM

REPORT OF	MEETING	DATE	ITEM NO
DEVELOPMENT SERVICES DIRECTORATE	FINANCE AND DEMOCRACY COMMITTEE	23 NOVEMBER 2020	11
ADULT WEIGHT MANAGEMENT FUNDING			

PUBLIC ITEM

This item is for consideration in the public part of the meeting.

SUMMARY

At its meeting on 3 November 2020 the Environment, Health and Housing Committee considered the allocation of funding from Lancashire County Council to take part in the delivery of a pan-Lancashire Health and Weight Management programme. Fylde's allocation of the funding would be used to recruit a fully funded Adult Weight Management Officer to deliver this initiative and provide a comprehensive community focussed health and weight management programme.

The funding allocated to Fylde Council by Lancashire County Council to deliver this initiative is £69,000 over 3 years. Fylde plan to recruit an officer for a three-year period to deliver a Tier 2 Weight Management Service.

Environment, Health and Housing Committee recommended to Finance and Democracy the approval of the funding for this purpose.

RECOMMENDATIONS

Committee is requested to

1. Approve a fully-funded revenue budget increase in the sum of £69,000 (split between the years 2021/22 £25,106, 2022/23 £27,271 & 2023/24 £16,623) to be met in full from the Lancashire County Council funding relating to this post.

SUMMARY OF PREVIOUS DECISIONS

3 November 2020 – Environment, Health and Housing Committee – To recommend to Finance and Democracy Committee the approval of a fully-funded revenue budget increase in the sum of £69,000 (split between the years 2021/22 £25,106, 2022/23 £27,271 & 2023/24 £16,623) to be met in full from the Lancashire County Council funding relating to this post.

CORPORATE PRIORITIES	
Economy – To create a vibrant and healthy economy	✓
Environment – To deliver services customers expect	✓
Efficiency – By spending money in the most efficient way	✓
Tourism – To create a great place to live and visit	✓

REPORT

Adult Weight Management Officer

1. Fylde Council has been provided with external funding of £69,000 to provide a three-year Weight Management Programme. The additional resource will enable a full time equivalent with further resource to facilitate the programme.
2. A job description and person specification have been prepared which have been job evaluated by the job evaluation panel. The post will be full time, working flexible hours and will report to the Health and Sports Development Officer in the Cultural Services Team and will be responsible for delivering the following key outputs:
 - To provide a lifestyle multi-component weight management service that supports obese adults to lose weight and increase knowledge and skills to maintain a healthier weight.
 - To provide one to one weight management sessions followed by group weight management sessions, plus signposting to physical activity opportunities.
 - To implement an accessible tier 2 lifestyle adult weight management service for obese adults aged 18 and over within the district, which forms an integral part of the weight management care pathway. Tier 2 services are delivered by local community weight management service, that provides community-based diet, nutrition, lifestyle and behaviour change advice, normally in a group setting environment. (For information, Tier 1 generally covers universal services (such as health promotion or primary care); tier 2 covers lifestyle interventions; tier 3 covers specialist weight management services; and tier 4 covers bariatric surgery).
 - To target access to the service in line with existing prevalence levels in the district.
 - To comply with all appropriate industry standards, including the relevant aspects of National Institute for Health and Care Excellence (2014) Clinical Guideline 189: Obesity: identification, assessment and management.
 - To comply with local and national safeguarding requirements and statutory requirements.

IMPLICATIONS

Finance	The report recommends that Finance and Democracy Committee approve a fully-funded revenue budget increase in the sum of £69,000 (split between the years 2021/22 £25,106, 2022/23 £27,271 & 2023/24 £16,623) in order to fund a weight management post.
Legal	None arising directly from this report
Community Safety	None arising directly from this report
Human Rights and Equalities	None arising directly from this report
Sustainability and Environmental Impact	None arising directly from this report
Health & Safety and Risk Management	Improvement in community health through the outputs from this initiative.

LEAD AUTHOR

CONTACT DETAILS

DATE

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BACKGROUND PAPERS

Name of document	Date	Where available for inspection
None		